



2026 Fall Feast Turning Back To God

Sundown September 11th -
Sundown October 4th

Lamentations 3:40 NKJV

"Let us search out and examine our ways, And turn back to the Lord;"



Valley Kingdom Ministries International
5300 151st Street, Oak Forest IL, 60452

VFAM FALL FEASTS

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2026 FALL FEAST SCHEDULE-AT-A-GLANCE

Theme: “Turning Back to God”

Lamentations 3:40 NKJV

Let us search out and examine our ways and turn back to the Lord.

Sunrise Ceremony Lakeside ~ Reflection & Forgiveness

Oakwood Beach (39th Street Beach East Oakwood Blvd., Chicago, IL)
Saturday, September 12th at 6:00 AM ~ Before Gospel Run / Walk Event

FEAST OF TRUMPETS

Sundown, Friday, September 11th and ends sundown, Saturday, September 19th.

Sunday, September 13th at 10am Worship (*High Praise “Pageantry”*) – wear ‘Fall Colors’

Church Family Praying ~ Fasting ~ Online Teachings

Personal Reflection & Repentance Week of Turning: Mon, Sept 7th–Sun, Sep 13th at 6am

Church Family Prayer Week: September 14th–September 18th–(Monday–Friday) from 6a–7a

Online Teachings: September 14th, 15th, 17th, and 18th from **7:00 PM to 8:00 PM**

Children & Youth Online Teachings ~ (6:30pm-7:30pm) ~ (See Page 6 for Zoom Link)

- V-Kids (Pre-K -thru- 5th Grade) – Monday (Sept 14th)
- NexGen (6th Grade -thru- 12th Grade) – Tuesday (Sept 15th)
- V-Kids -&- NexGen (*In-Person*) – Wednesday (Sept 16th)
- V-Kids -&- NexGen combined online – Thursday (Sept 17th)

Church Family Fasting: (Sundown) September 20th – September 26th (Sundown)

DAY OF ATONEMENT

Sundown, Sunday, September 20th, and ends sundown, Monday, September 21st.

Sunday, September 20th at 10am Worship, wear ‘All White’

Ole’ Time Shut-In Worship Service

Friday, Sept 25th 10:00 PM -until- Saturday, Sept 26th 5:00 AM

FEAST OF TABERNACLES

Sundown, Friday, September 25th, and ends sundown, Sunday, October 4th

Church Family Celebration – **Sunday, September 27th at 10am Worship – wear any ‘NFL Jersey’**

Church Family Celebration – **Sunday, October 4th at 10am Worship – wear ‘Sunday Best Attire’**

Brothers’ Only Worship

“Worship that Honors the Giver” *Deuteronomy 16:16-17* ~ Mon, Sept 28th at 6:30pm

Sistahs’ Only Worship

Soul Therapy 2.0 ~ “Healing the Hidden Place” *III John 1:2* ~ Friday, October 2nd at 7:00pm

Tabernacle Close-Out Celebrations (Wednesdays)

WOW Special (In-Person) Bible Study: Wednesday, September 16th at 7pm

V-Fam “Home Edition” (Online) ~ At Home Feast Gathering: (Fall Colors) - Wed, Sept 30th at 7pm

THE FALL FEASTS SUMMARY

“TURNING BACK TO GOD”

Lamentations 3:40 NKJV

Let us search out and examine our ways and turn back to the Lord.

Fall Feasts Intent & Purpose:

To lead the VKMI church family into a time of awakening

As the shofar sounds, we enter a sacred season—a divine invitation to awaken. Not just from sleep, but from distraction, discouragement, and delay. The Fall Feasts remind us that God is calling us to rise, reflect, and return. **“It is time for us to wake up and finish strong.”** Let this season be a turning point—the moment we shake off weariness and recommit to the work God has placed in our hands. Let it be the time when we speak life, extend grace, and create spaces where others feel the love of God. We are not just finishing a calendar year, we are finishing strong in purpose, in unity, and in faith. In accordance with the scripture text, Lamentations 3:40, we need to look at the way we’re living and return to the Lord.

Principles of God’s Seasonal Timing

- Nothing about this time is random. These times are appointed by God.
- This is a time to wake up.
- It is time for us to finish strong.
- This is a time to reflect on “what am I supposed to be learning and how should I be growing in this season.

The Feasts: An Awakening Journey

- Feast of Trumpets – *Awakens the Soul* – The blast of the Shofar is a “call to wake up”- to examine our lives, relationships, and purpose. The Feast of Trumpets stirs our hearts to attention.
- Day of Atonement – *Awakens the Heart* – This a “call to cleanse” – a time to awaken our need for grace and reconciliation with God and others. The Day of Atonement draws us into deep reflection and renewal. It is a time of healing and humility.
- Feast of Tabernacles – *Awakens the Spirit* – This is a “call to rejoice” – a time to remember God’s presence and provision. The Feast of Tabernacles invites us to rejoice in God’s faithful presence.

The Fall Feasts consist of three festivals: The Feast of Trumpets, The Day of Atonement, and The Feast of Tabernacles. These feasts are extremely important because they teach us to honor God for who He is and for what He has done for us. In addition, they teach us about God’s plan for humankind and how He powerfully intervenes in human affairs! Revelation 21:3 says “Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. God Himself will be with them and be their God.” During the Fall Feast season, we are expecting God to tabernacle with us. **This year, our VFam Fall Feasts theme is “Turning Back to God”.**

THE FEAST OF TRUMPETS

The Feast of Trumpets, also known as Rosh Hashanah, celebrates the new year in Christ. It is believed that God created the world during this time. On this day, a shofar or trumpet is blown to mark the beginning of ten days called the “High Holy Days” or “Days of Awe.” The blowing of the trumpet serves as a “wake-up” call to honor God as King, to remember His goodness and His faithfulness to His people, and to reveal and awaken the conscience and soul of His people. The High Holy Days consist of 10 days of repentance, reflection, and restoration. This period ends on the Day of Atonement.

God’s Days of Rest

As our Church Family prepares to celebrate the Fall Feasts, consider scheduling the following days off from work. In Leviticus 23, God instructs the Israelites to “do no customary work” on specific days associated with the feasts. “No customary work” basically means to take the day off from work. The Lord understands if you must work, but if you can, take the day off, and enjoy the Lord and your family.

Things You Need to Know

- The Feast of Trumpets begins at sundown on Friday, September 11th and ends sundown, Saturday, September 19th.
- **Feast of Trumpets Celebration (*High Praise “Pageantry”*)** will be held **Sunday, September 13th during 10:00 AM Worship**. Please plan to participate in the Feast of Trumpets Worship Celebration by wearing **‘Fall Colors’** to the Worship Experience.
 - All believers should plan to give a special sacrificial offering.
- We will open the **Feast of Trumpets with our VFam Online Teachings** on:
 - **Monday, September 14th**
 - **Tuesday, September 15th**
 - **Thursday, September 17th**
 - **Friday, September 18th**

Join us each evening at **7:00 PM** on **YouTube and vkmi.org** as we turn back to God with all our **heart, mind, soul, and strength**.

- **VFam Children and Youth Online Teachings** will be held from **6:30 PM – 7:30 PM** on **Monday, Tuesday and Thursday, September 14th, 15th, and 17th** - (*Parents please see Zoom Link below for Online*); Also, **In-Person** is on **Wednesday, September 16th**.
 - <https://us06web.zoom.us/join/edl?muid=efacbc20-93a6-44bb-8b97-1a61f5091d39> - Meeting ID: 852 6808 4633 ~ Passcode: VFAM
 - V-Kids (Pre-K -thru- 5th Grade) – Monday (*Sept 14th*)
 - NexGen (6th Grade -thru- 12th Grade) – Tuesday (*Sept 15th*)
 - V-Kids -&- NexGen (***In-Person***) – Wednesday (*Sept 16th*)
 - V-Kids -&- NexGen combined online – Thursday (*Sept 17th*)
- All VFam church members (including children and youth) are asked to participate in the **Church Family Prayer Week** from **Monday, Sept. 14th -thru- Friday, Sept. 18th** from **6:00am – 7:00am** (*virtual conference line prayer time*).
- The **VFam Church Family Fast** begins at sundown 6:00 PM, **Sunday, Sept. 20th -thru- Saturday, September 26th**.

THE DAY OF ATONEMENT

The Day of Atonement is considered the holiest day of the year. Known as the Day of Redemption, this is the day that believers stand before Almighty God and confess their mistakes and sins. Participating in this day helps the believer to recognize that sin has been forgiven through the blood of Jesus Christ. As believers confess their sins and recognize their dependence on God, Jesus' sacrifice on the cross frees them of all unrighteousness. In Christ, we have a future and a hope!

Leviticus 16:29-34 teaches us, "This shall be a statute forever for you; In the seventh month, on the tenth day of the month, you shall afflict your souls, and do no work at all, whether a native of your own country or a stranger who dwells among you. For on that day *the priest* shall make ³¹atonement for you, to cleanse you, *that* you may be clean from all your sins before the LORD. ³¹ It is a sabbath of solemn rest for you, and you shall afflict your souls. *It is* a statute forever. ³² And the priest, who is anointed and consecrated to minister as priest in his father's place, shall make atonement, and put on the linen clothes, the holy garments; ³³ then he shall make atonement for ³⁴the Holy Sanctuary, and he shall make atonement for the tabernacle of meeting and for the altar, and he shall make atonement for the priests and for all the people of the assembly. ³⁴ This shall be an everlasting statute for you, to make atonement for the children of Israel, for all their sins, once a year." And he did as the LORD commanded Moses."

Things You Need to Know

- The **Day of Atonement** begins sundown, Sunday, September 20th, and ends sundown, Monday, September 21st.
- Please plan to participate in the **VFam Day of Atonement** Worship Celebration **Sunday, September 20th at 10:00am**, by wearing '**All White**' to the service.
- Come prepared to **Remember, Reflect, Repent, and Rejoice!!!**
- All believers are encouraged to bring a special sacrificial offering.

THE FEAST OF TABERNACLES



The Feast of Tabernacles is the climax of the Fall Feasts and the most celebrative. It is God's appointed time for believers to come into His presence and celebrate His glory, provision, protection, and deliverance through Jesus Christ. Leviticus 23:40 says to "Rejoice before the Lord your God for seven days." Deuteronomy 16:14-15 says to "Be joyful at your Feast for the Lord your God will bless you and your joy will be complete." We will celebrate with singing, dancing, and great food. Mark your calendar to be a part of this exciting time.

The Feast of Tabernacles (aka Sukkot—soo-COAT) begins at sundown on Friday, September 25th and ends at sundown on Sunday, October 4th. *We will celebrate as a church family with one of the Feast of Tabernacles Closing Worship Celebrations at 7:00pm on Wednesday, October 16th in person.* We look forward to celebrating this Fall Feast season with the entire VFam community.

Things You Need to Know

- **The Feast of Tabernacles** begins sundown, Friday, September 25th, and ends sundown, Sunday, October 4th.
- Please plan to participate in a **VFam Tabernacle Worship Celebration ("NFL Kickoff Jersey Day")** on **Sunday, September 27th at 10am**, by wearing any **'NFL Jersey'**.
- **"Up and Close with Pastor Kirbyjon Caldwell"** from Windsor Village Church Family in Houston, TX, on **Sunday, September 27th at 12:30pm** (*after service*) - (**Only VFam Designated Leaders by Pastor Ray**) ~ **MUST** be Registered to Attend.
- Please plan to participate in a **the VFam Tabernacle Worship Celebration** on **Sunday, October 4th at 10am**, by wearing any **'Sunday Best Attire'**.

- The **Brothers' Only Worship** begins at **6:30pm on Monday, September 28th**. **"Worship that Honors the Giver"** - *Deuteronomy 16:16-17*. A call for men to come before God with intentionality, gratitude, and offering—bringing their whole selves as an act of obedience and reverence. ALL men are encouraged to bring a special offering.
- The **Sistahs' Only Worship** begins at **7:00pm on Friday, October 2nd**. **Soul Therapy 2.0 – "Healing the Hidden Place"** - *III John 1:2*. A night of intimate conversation, focused on emotional and spiritual restoration, acknowledging that soul prosperity begins where God meets us in the quiet, unseen spaces. Bringing the inner life (soul) into harmony with outer living. So wear your PJ's or comfortable clothes, bring a pillow, blanket, and get ready for the Real, Real !!!
- The **WOW Special (In-Person) Bible Study** - Feast of Tabernacles Close-Out Worship Celebration will be held at **7:00 pm on Wed, September 16th**. *(Sacrificial Offering)*
- All believers are encouraged to bring a **sacrificial offering** during our Fall Feast celebrations. You may bring your offering to the church, use the mobile app, give online, text VKMI and your dollar amount to 7797, or mail your offering to the church to:

Valley Kingdom Ministries International
5217 W.149th Street
Oak Forest, IL 60452
- The **V-Family Online 'Home Edition' Tabernacle "At Home" Feast Gathering Celebration** - **Wednesday, September 30th at 7:00pm**. Families are encouraged to plan and invite your family members, friends, neighbors to your (Home Edition Tabernacle Celebration) Choose a location. Choose a color for your party (Fall colors suggested). Choose food elements to match your theme color and ask your guest to contribute. Everyone's attire should match your theme color. Get ready to: Go live on social media and post your, 'Home Edition Tabernacle Celebration', pictures!!

FASTING INSTRUCTIONS FOR ADULTS

I. What is a Fast?

The Hebrew word for fasting means “to cover the mouth.” The Greek word for fasting means “not to eat.” Simply put, fasting means to abstain from food. Fasting involves turning away from foods that the body craves for our spirit to concentrate on God in worship, service, and praise.

Fasting has been a part of Christianity through the ages. It is a form of spiritual and scriptural sacrifice. Fasting does not change or impress God. Fasting changes us. Through fasting, Christians are empowered to discipline their daily relationship with the Lord.

The fast will consist of abstaining from food. In other words, you are fasting if you are not eating food. The primary method of fasting will be one (1) meal each day.

II. Why Should We Fast?

Jesus Christ fasted! We fast as a Church Family because God’s blessings reside in our unity. This special time encourages us to be “like-minded, having the same love and being of one accord and of one mind” (Philippians 2:1-3).

III. Who Should Fast?

Prayerfully, each member will participate in the Church Family Spiritual Fast. Please consult your physician about your fasting if: (1) you are pregnant; (2) you are on prescribed medication; (3) you are under a doctor’s care; (4) you have experienced illness on a previous fast; (5) or, you do not normally eat anyway.

YOUR PHYSICIAN’S ORDERS TAKE PRECEDENCE OVER THIS FAST! FOLLOW YOUR PHYSICIAN’S ORDERS!!!

IV. Why Fast?

The benefits include:

1. Having a closer relationship with God, our Father, who created us;
2. Focusing you on Jesus, the Supply, and Supplier of your benefits and blessings;
3. Becoming more sensitive and responsive to the Holy Spirit;
4. Presenting the opportunity for you to spend more time waiting on the Lord;
5. Intensifying your prayer life;
6. Aiding in removing unbelief;
7. Breaking yokes of bondage;
8. Sharpening your intellect, skill, discernment, and understanding;
9. Aiding in clarity of spiritual hearing when guidance or a decision is needed from the Holy Spirit;
10. Hastening emotional, spiritual, financial, and physical healing for both individuals and the community;
11. Fostering personal discipline that will help to reduce impulsive fleshly urges that do not align with Scripture; and,
12. Demonstrating (to yourself) an act of scriptural obedience.

How to Fast

The primary method of fasting for the Church Family Spiritual Fast will be one (1) meal each day, eaten after 6:00 p.m. Meals should be completed within 75 minutes from the moment you put food into your mouth.

Fasting Options include:

1. **“Veterans”** - Veterans are those members who have participated in the Church Family Spiritual Fast two or more times.
2. **“First Round Draft Choices”** - (First Rounders are those persons who have never fasted or have only participated in a Church Spiritual Fast one time.) First Rounders will eat two (2) meals per day, one at breakfast before 8:00 a.m. and one after 6:00 p.m. be consistent; eat the breakfast meal at a routine hour. Complete your meals within 75 minutes from the moment you put food into your mouth. Please pray the daily prayer topic during the time of the skipped meal (lunch meal) and during your regular prayer time for the day.
3. **“Special Teams”** consist of persons who are under a doctor’s care, pregnant, or unable to miss a meal for health reasons. Special Teams should eat regularly scheduled meals. Participation in the Church Family Spiritual Fast will consist of abstaining from foods such as sweets, carbonated beverages, breads, meats, or any food that you feel “you must have at least a little of every day.”

It is important for the Church Family to be of one mind and heart. Please fast in accordance with the above-listed instructions. Fasts such as a “cleansing fast,” “grapefruit fast,” and others are not appropriate during this special time.

V. Requirements for Fasting

1. **No nibbling!** If you feel hungry (that’s expected and normal), drink water and pray.
2. **No sweets (including sweeteners), chips, candy, chewing gum, soft drinks, or any other junk food should be eaten at any time during the fast by Veterans, First Rounders, or Special Teams.**
3. If you experience **headaches, fatigue or weakness, faint feelings, nausea, fever, and/or extreme hunger**, eat a piece of fruit, slice of bread, crackers, or vegetables (preferably raw). Consult your physician if these feelings persist.
4. **Water only!** Please restrict your liquid intake to water. No sodas, juices, fruit juices, lemon water, or flavored water. If you are fasting no food, please drink at least 64oz – 80oz of water each day. Raw vegetable juices are permitted if you are fasting no food.
5. If you experience “blackouts” while exerting energy, please eat a light, nutritionally-balanced meal.
6. If you are eating once a day, it is recommended that you do not exercise during the fast.
7. As I Corinthians 7:5 tells us, **no love-making for married folk!** (Single Christians are already abstaining). Both spouses should agree to the fast as a sacrifice of consecration to the Lord. If one of the spouses is not in agreement with I Corinthians 7:5, then do not abstain. There must be an agreement between marital partners.

8. Individual prayer times for each day are 6:00 a.m. and after 7:00 p.m. If your schedule does not allow for these hours, please adjust your schedule to include a morning prayer time and an evening prayer time.
9. If you “fall off” the fast, get back on. Do not allow the devil to condemn you. Ask your covenant partner (see VFam Partnering on Page 14) for help.

VI. What Are We Praying About During the Fast?

The Prayer Topic Calendar contains the prayer topics that we will pray about during the fast and Fall Feasts. Please pray each prayer on the appropriate day as shown on the calendar.

VII. How Can We Be a Blessing While Fasting?

In Isaiah 58:6-2, the Lord explains that an acceptable fast to Him includes feeding and clothing those in need. In addition to praying, you can bless others by using some of the money you would spend on eating out or buying groceries to provide food and clothing for others.

VIII. Schedule of Fast

- Fast begins sundown, September 21st (6pm)
- Fast ends sundown, September 26th (6pm)

IX. Church Family Prayer

- All church members (including children and youth) are asked to participate in the **Church Family Prayer Week** – Monday, September 14th – Friday, September 18th from 6am–7am. (*virtual conference line prayer time*)

X. Church Family Online Teachings

- All church members are encouraged to participate in the online nightly teachings **Monday, Tuesday, Thursday & Friday, *September 14th, 15th, 17th & 18th**.
- **Children & Youth Online Teachings** (*via Zoom*) Sept 14, 15 & 17 from 6:30pm–7:30pm, followed by In-Person on Wednesday, Sept 16:
 - V-Kids (Pre-K -thru- 5th Grade) – Monday (*Sept 14th*)
 - NexGen (6th Grade -thru- 12th Grade) – Tuesday (*Sept 15th*)
 - V-Kids -&- NexGen (***In-Person***) – Wednesday (*Sept 16th*)
 - V-Kids -&- NexGen combined online – Thursday (*Sept 17th*)

XI. You Can Fast in Jesus’ Name!

While fasting, keep your countenance positive. Matthew 6:16-18 tells us not to “advertise our fasting.” Keep your fasting a secret. Be sensible and do your best. God does not smile upon “super fasters.” Expect God to be AWESOME and to do AWESOME things through you and the Church Family.

God bless you!

Fasting Instructions for Children and Youth

God gives us pastors according to His heart who will feed us with knowledge and understanding (Jeremiah 3:15). We must obey our pastors for they watch over our souls (Hebrews 13:17).

Parents should teach and guide by their example the importance of following the leadership of our pastors. When Pastor Bady proclaims the fast, children and youth are capable of obeying and participating.

Parents, please prayerfully consider including your children and youth in the Church Family Spiritual Fast. It will be a blessed experience for them and it will begin to lay a foundation for their future. Your support and encouragement are recommended to maximize your child's success.

I. What is a Fast?

The Hebrew word for fasting means "to cover the mouth." Fasting has been a part of Christianity through the ages. It is a form of spiritual and scriptural sacrifice. Fasting does not change or impress God. Fasting changes us. Through fasting, Christians are empowered to discipline their daily relationship with the Lord.

II. Why Should Children and Youth Fast?

1. To have a closer relationship with God our Father and Jesus Christ;
2. To become more sensitive and responsive to the Holy Spirit;
3. To present the opportunity for you to spend more time waiting on the Lord; and
4. To build your prayer life.

As children and youth fast, they, too, will receive the benefits and blessings of obedience and fasting.

III. How to Fast

- Eat breakfast, lunch, and dinner.
- Eat healthy vegetables, fruits, meats, breads, milk, and cereal.
- Eat a healthy snack between meals such as fruit, vegetables, etc.
- Drink WATER, 100% JUICE, and MILK as the only beverages.

NO SWEETS, PIZZA, FRENCH FRIES, CHIPS, CANDY, CHEWING GUM, SOFT DRINKS, OR ANY OTHER JUNK FOODS!

IV. What Are We Praying About During the Fast?

Please help your child (ren) pray each prayer on the appropriate day as designated by the Prayer Topic Calendar.

Things You Need to Know

- The VFam Church Family Fast begins at 6:00pm, Sundown, Monday, September 21st and ends at 6:00pm sundown, Saturday, September 26th.
- All believers are encouraged to bring a special sacrificial offering.

VFAM PARTNERING

Ecclesiastes 4:12 states, “Though one may be empowered by another, two can withstand him. And a threefold cord is not easily broken.”

It is highly recommended that you choose a VFam Partner. This person will pray with you, encourage you, and remind you of God's faithfulness. Choose someone who will walk with you throughout the duration of the fast.

Remember, your most important partners are God our Father, Jesus Christ, and the Holy Spirit. As One, trust them to help and strengthen you and your VFam Partner(s) during the VFam Fast.

Guidelines for VFam Partnering

Guidelines for choosing VFam Partners are as follows:

- Married couples partner with married couples;
 - Single women partner with single women; and
 - Single men partner with single men.
-
- Be sure to exchange telephone numbers or e-mail addresses.
 - During the fast, please communicate, pray, encourage, and hold each other accountable.

Prayer Expectations and Reflections

The Lord used today's scripture or prayer topic to reveal the role I am to play in bringing His plans into reality.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Prayer Expectations and Reflections

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